

LESSON 4

FENG SHUI 101:
THE BAGUA:
THE ENERGETIC
GRID OF
YOUR HOME



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What you need to know:

The bagua is a way to read a home's energy. It is inspired by nature (and the *I Ching*), each part of this metaphysical grid is connected to our own lives and energy.

Guess what?

- The bagua is a tool used by Feng Shui practitioners to interpret a living space
- A systematic way of looking at a home's energy field inspired by the flow of nature
- The name Ba-Gua literally translates into 8 guas, or 8 directions.

The Skinny:

The bagua is the energy grid used by Feng Shui practitioners to interpret a living space—a tool to map a home or plot of land that gives us a systematic way of looking at a home's energy field that is inspired by the natural flow of nature. When applying it to a home we would use the modern, and mundane application of a square or rectangle that fits easily over a living space.

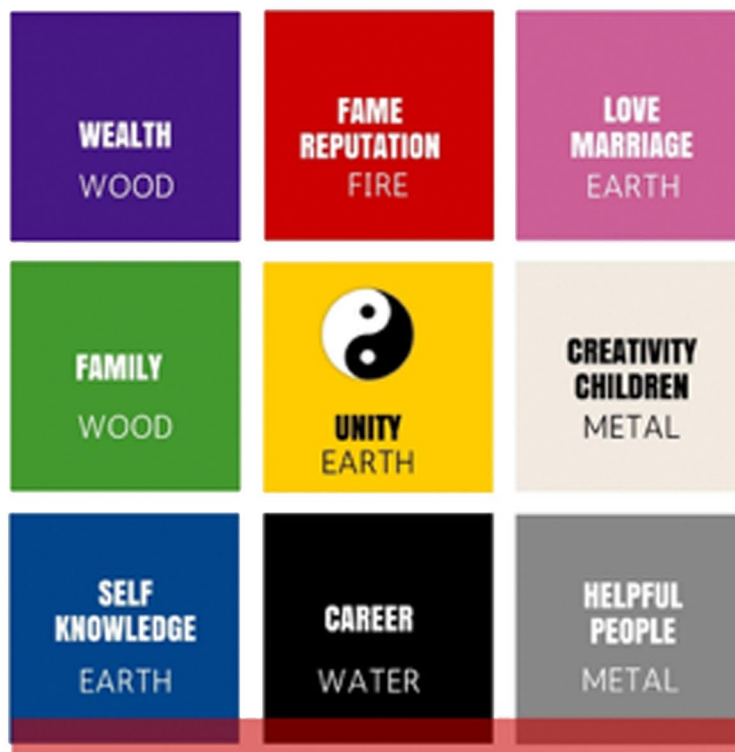
The bagua is broken up into 9 sections, or 8 "guas" plus the center. The individual guas are inspired by nature; the energy, and symbolism of each is aligned with a corresponding "trigram" (from the *I Ching*, an ancient Taoist divination text). The symbolism, position and nature of the trigrams have been translated into energetic signatures that correspond with areas of a person's life. The order, and positioning, of the guas is transitional, moving from one energetic state to the next.

Each gua has a trigram, a cosmic number (9 star Ki), time of year, an energetic state, an element, a colour, and life situation. For example, Jen is the trigram Thunder, the third star, springtime, the energetic state of new beginnings and action, the element of wood, the colour green, and family.



LIFE SITUATION	TRIGRAM	ELEMENT	BROADER INTERPRETATION
Career	Kan	Water	Purpose & Calling, Your Path in life
Knowledge	Gen	Earth	Skills, Knowledge, & Self-development
Family	Jen	Wood	Where you came from, new beginnings
Wealth	Xun	Wood	Abundance, prosperity and wealth
Fame	Li	Fire	Recognition and accomplishment
Partnership	Kun	Earth	intimate relationships, marriage & love
Children	Dui	Metal	Children, a creative outlet, & completion
Helpful People	Qian	Metal	Synchronicity, the right opportunities

The center of the bagua is the tai chi, it is connected to all 8 guas and unifies the energy of the space, a happy and grounded tai chi ensures health and well-being.

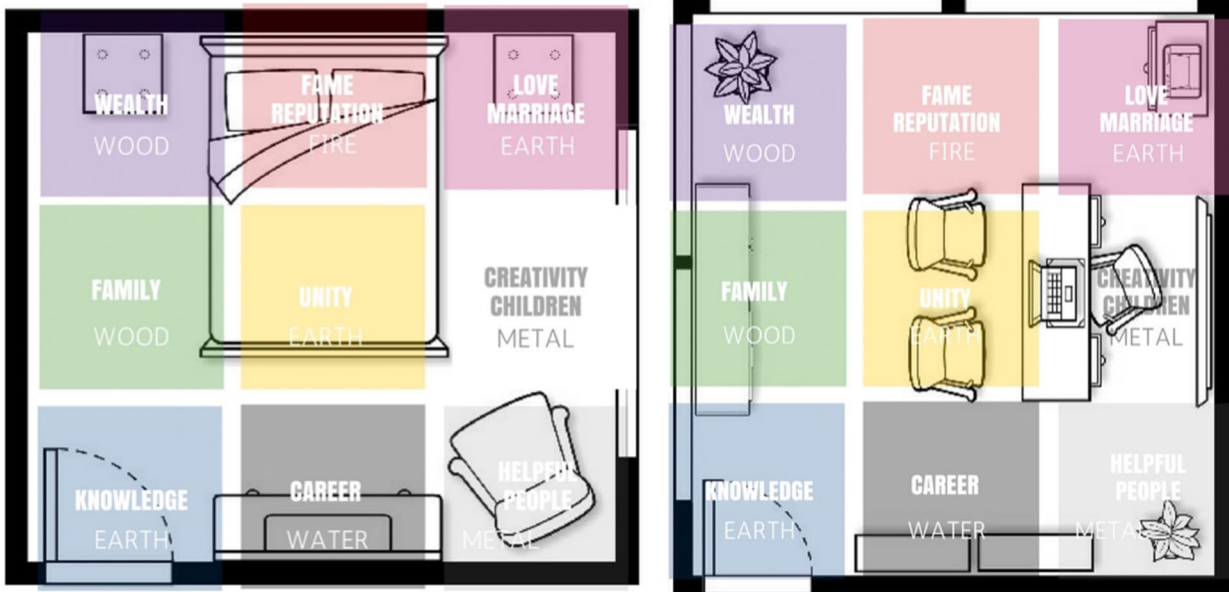


Place the grid over the home lining
your front door with the red line.



Laying The Bagua

Your front door will be in one of threeguas: Qian (Helpful people), Kan (Career) or Gen (Knowledge). The bottom of the bagua (Gen-Kan-Qian) will always be in line with your front door. In this example, we are using the square shape for the bagua, pulling the octagon further out to the edges of the home or property, creating nine equally sized areas. It is best to work with a to-scale floor plan of your home for best results. Here are two examples of the bagua laid over a bedroom, and over an office:



This is a topline overview of the bagua*, an introduction to a complex and important Feng Shui tool. The examples used are straight forward and easy to interpret, this is not always the case. You may have a more challenging layout, floorplan, or lot. In those cases I recommend you seek the help of a qualified Feng Shui consultant. The purpose of this post is not to teach you everything about the bagua, but to show you how it is used, and the insights it provides. If you are unsure about doing a large space, then start with your bedroom. The bedroom is a great place to begin practicing Feng Shui, it is a manageable area, and the energy of the space is very closely tied to your own.

* This is from the perspective of Black Sect Feng Shui. [Click here](#) to read about the different Feng Shui schools.

Watch the Video:

We go over in more detail how to set and map out the bagua on your home, bedroom or lot.

Your Homework:

Bagua your bedroom: draw out your bedroom on graph paper and divide into 9 sections. Using coloured pencils shade in each of the areas/guas with its corresponding colour. Watch the video and download the Bagua info PDF for more guidance.