

# Feng Shui Spring Cleaning Weekend Checklist

## BEDROOM

### TASK CHECKLIST

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- FRESH SHEETS: TRY GREEN OR YELLOW
- CLEAN UNDER THE BED
- REVIEW WHAT IS UNDER BED

## BATHROOM

### TASK CHECKLIST

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- REPAIR ANY LEAKS
- PLACE A PLANT ON TOILET TANK
- CLEAN THE MIRRORS FOR CLARITY

## FLOORS

### TASK CHECKLIST

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- SWEEP WITH INTENTION
- SWEEP OUT ALL THE CORNERS
- ADD A RUG TO GROUND THE ENERGY



# Feng Shui Spring Cleaning Weekend Checklist

## KITCHEN

### TASK CHECKLIST

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- CLEAN OUT FRIDGE
- MAKE ANY REPAIRS TO STOVE
- CLEAN THE STOVE WITH INTENTION

## ENTRYWAY

### TASK CHECKLIST

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- WASH DOWN THE FRONT DOOR
- SWEEP THE FRONT STEP/LANDING
- PLACE FLOWERS IN THE ENTRYWAY

## SELF-CARE

### TASK CHECKLIST

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- MEDITATION: 27 SLOW BREATHS
- EPSOM SALT BATH
- DRINK MORE WATER

